

# One of a kind healing and relaxing experiences in a whole new light.

Indulge in our luxury boutique Auberge Spa. Unravel with custom soothing massages and beauty treatments. Your therapist will enrich your Aspen experience through a healing soulful journey.

# Massage

### INTUITIVE CBD MASSAGE

50 Minutes \$265, 80 Minutes \$420, 110 Minutes \$570

Our spa professionals will treat your chronic pain with therapeutic techniques with our signature sore muscle CBD oil. With a smooth glide and quick absorption into the skin you can expect deep muscle penetration and long-lasting relief.

### **ATTUNEMENT**

110 Minutes \$425

Harmonize and revitalize the body with this active yet restorative blend of massage therapies. Warm herbal poultices are applied to key pressure points to help relieve pain and inflammation. Once the body is warmed, a series of assisted stretches, therapeutic deep tissue massage techniques and warm and cool stones, work synergistically to ease tight muscles and improve flexibility.

### AUBERGE SIGNATURE CUSTOM MASSAGE

50 Minutes \$185, 80 Minutes \$290

Allow your Auberge Spa Professional to pamper you with a customized massage based on your choice of Swedish, Sports, Deep Tissue or a combination of techniques.

### **URBAN ESCAPE**

80 Minutes \$285

Experience immediate relief for urban dwellers and frequent flyers, fusing a classic massage with autonomous sensory meridian response sleep techniques. Your trained professional will enrich your body with warm aromatic splendor of cedarwood, rosewood, and juniper to reduce stress hormones for an ultimate escape.

### PINK HIMALAYAN STONE MASSAGE

80 Minutes \$285

Reconnect with the earth using heated Pink Himalayan Stones. Our stones provide a light exfoliation to the skin, while replenishing and nourishing your skin and body with natural stone minerals. This highly relaxing treatment uses heat at strategic points on the legs, spine, and neck for complete transformation.

# Massage

### FITNESS FORWARD

50 Minutes \$195, 80 Minutes \$285

The best alternative to a workout session at the gym. An energizing massage to encourage adrenal recovery, eliminate toxins, improve muscle tone.

### VITAL RESTORATION

50 Minutes \$195, 80 Minutes \$285

Your therapist will perform a more intense therapeutic massage, involving deeper pressure to relieve tension; featuring a specific oil blend to improve microcirculation and reduce water retention.

### SOOTHING NATURE

50 Minutes \$195, 80 Minutes \$285

This traditional Swedish massage incorporates long strokes to free physical tension, and gentle passive rotation to encourage energy flow and effectively ease tired muscles

### PRENATAL MASSAGE

50 Minutes \$185, 80 Minutes \$290

Rest as your body is soothed and your skin is pampered. This massage is designed to answer the developing needs of mother and baby and to allow the nurturing treatment you both deserve.

### **APRÈS SKI LEGS**

50 Minutes \$190

Immediate relief to alleviate heaviness of the legs. This treatment helps improve circulation by permitting drainage of excess liquids. Your experience begins with an exfoliation to eliminate toxins using an innovative massage-mud, balanced with citrus and menthol, bringing immediate relief to heavy legs. Accompanied by therapeutic techniques that activate pressure points on the feet and augment healing and relaxation throughout the body.

## Additions

### WARM SCALP MASSAGE

25 Minutes \$85

Warm oil is slowly drizzled onto your third eye, while pressure points are massaged gently in this very soothing treatment designed to relax the mind and nourish the scalp and hair.

### **RESTORATIVE HANDS & FEET**

25 Minutes \$85

This hand or foot treatment begins with a gentle sugar scrub exfoliation followed by a massage with moisturizing body butter.



### **Facials**

#### **ULTIMATE SUBLIME SKIN**

110 Minutes \$390

Your journey to invigorating skin begins with an exfoliating and hydrating back facial. Your trained therapist will address loss of elasticity, fine lines, wrinkles, and sun spots. Effectively, stimulating cellular regeneration by restoring fullness and redefining volume of the face. This facial immediately bestows a visibly firm, plumped and even toned face, neck and décolleté.

### **URBAN ENDURANCE**

80 Minutes \$259

This facial is designed to meet the needs of the fast paced multitaskers and to reduce the effects of pollution, stress, and lifestyle aging on the skin. Your therapist will utilize a unique rolling style massage technique, that restores tone and repositions the skin tissues revealing younger-looking skin immediately.

#### **HYDRAMEMORY**

80 Minutes \$259

A deeply hydrating antioxidant treatment for dehydration and premature aging. This innovative double hydration process guarantees immediate and prolonged hydration for 24 hours. Light sorbet textures quench the skin's thirst and maintain elasticity and softness.

### **OXYGEN FACIAL**

50 Minutes \$200, 80 Minutes \$280

The Intraceuticals Oxygen Infusion skincare treatments use oxygen under pressure as a means to deliver a unique moisture binding serum with concentrated hyaluronic acid to hydrate the deeper layers of the skin. This treatment not only hydrates the live layer of skin, it stimulates new cell growth, elastin, and collagen production which plump the skin, producing immediate, visible results. Oxygen is also essential in treating acneic skin conditions as it has natural antibacterial properties.

\*80 Minutes includes your choice of booster and oxygen inhalation

## **Facials**

### AUBERGE SIGNATURE FACIAL

50 Minutes \$179

A classic facial for a first-time spa goer or spa enthusiast, the Auberge facial will address your skin's specific needs.

### **GENTLEMEN'S FACIAL**

50 Minutes \$179

Specifically formulated for men, the gentlemen's facial addresses targeted skin concerns. It helps soothe and nurture irritated skin caused by daily shaving and exposure to external aggressions. This nurturing and refreshing facial is the cure for your everyday demands and needs.



# Body Treatments Scrubs & Wraps

### **PRO-SLEEP**

80 Minutes \$365

This extraordinary treatment acts on three different sensorial pathways for profound relaxation. Through a unique combination of aromatic textures an exclusive music composition and rituals, we gently guide the way to achieve a quiet, peaceful deep rest.

### **FITNESS REFINEMENT**

80 Minutes \$275 (Scrub)

For those who practice sports activities and want to boost remodeling effects at the same time. The efficacy of yellow clay and marine plankton extract target the metabolism while being complimented with a hydration application.

### **REFINE & FIRM**

50 Minutes \$195 (Scrub)

A double action body exfoliation featuring jojoba-microspheres and alpha-hydroxy fruit acids. Gently removes particularly difficult dead skin in thickened areas. Finish with your choice of a firming or anti-oxidant oil.

### **GENTLE RESTORATION**

50 Minutes \$195 (Scrub)

This unique harmony of gentle exfoliation, combined with long relaxing stokes to encourage energy flow. The treatment provides a detoxification, then nourishes and protects the skin in a pleasant and embracing ritual. Resulting in the perfect body treatment for dry and depleted winter skin.

### **DETOX & RENEW**

80 Minutes \$265 (Wrap)

Begin your detoxification with a unique AHA body peel to remove dead skin cells. Encourage profound elimination of toxins enveloped in micro-algae and mineral rich thermal waters. Complete your experience with a citrus detox application.

### **ASPEN RENEWAL**

80 Minutes \$275 (Wrap)

An antioxidant rich remedy to repair depleted skin and restore moisture balance. A sensorial cocooning experience complemented with a relaxing scalp massage. Then indulging the body with a rich tamanu oil to replenish elasticity. The perfect body treatment for dry winter skin, post-sun, or after pregnancy.

### ADIPOSE INVASION

80 Minutes \$299 (Wrap)

Your therapist will perform an intensive treatment with thermogenic action for resistant cellulite imperfections. This helps reduce the typical signs of cellulite, improves microcirculation, and stimulates the breakdown of fats to promote remodeling of the body.



# **Packages**

### **ASPEN INDULGENCE**

\$1,155

50 Minutes Refine & Refirm Body Treatment

110 Minutes Intuitive CBD Massage

110 Minutes Ultimate Sublime Skin Facial

Package includes a meal from the Spa Food Menu\*

### **RELAXATION PACKAGE**

\$364

50 Minutes Auberge Signature Massage

50 Minutes Auberge Signature Facial

### HARRIET'S SPA DAY

\$830

80 Minutes Urban Escape Massage

80 Minutes Detox & Renew Body Treatment

80 Minutes Oxygen Facial

### JEROME WHEELER SPA DAY

\$739

80 Minutes Vital Restoration Massage

80 Minutes Fitness Refinement Body Treatment

50 Minutes Gentlemen's Facial



Auberge Resorts Collection

# Spa Information & Policies

### Check-In

We invite you to check in 15 minutes prior to your treatment

### **Gratuities**

For your convenience, a customary service charge of 20% will be automatically added to your bill at checkout, but may be adjusted at your discretion.

### What to Wear

A locker, robe and sandals will be provided upon your arrival.

### Cancellation & Change Policy

Should you need to cancel or change your appointment, we require 24 hours' notice in advance as your therapist has been scheduled specifically for you. Full payment is required should changes occur within the 24 hours to your appointment.

### **Private Spa Use**

We are delighted to arrange a special request or buyout.

### **Hours of Operation**

10:00 AM to 7:00 PM - Hours are subject to change.

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