



# Mayflower Inn and Spa

AUBERGE COLLECTION

FACT SHEET



Auberge Collection

# Connecticut's most exquisite inn



## HOTEL

Located in the idyllic town of Washington in Connecticut, Mayflower Inn & Spa is an exquisite country retreat, nestled in 58 acres of beautifully landscaped gardens and woodland. Just two hours' drive from New York City, it is renowned as one of northeast America's most distinguished luxury hideaways. Memories are made easily when you stay at our boutique hotel in Litchfield County, a portal to a simpler time, where the definitive measure of the good life is in soul-stirring moments rooted in the idyllic countryside.

## ACCOMMODATIONS

A fresh and modern take on sophisticated New England style, set against the backdrop of a lavish English country house and three standalone cottages. Four-poster beds, oriental rugs, and stunning views onto nature embody the essence of the intimate country retreat.

35 rooms

## DINING

Celebrating elegant countryside rusticity, the epicurean program at Mayflower Inn & Spa honors the connection between the local land, ingredients, farmers and purveyors. Join us for Breakfast and Lunch in the bright and airy **Garden Room**, or gather for a convivial Dinner in the handsome **Tap Room**.

## LOCATION

At the heart of Connecticut's Litchfield County, Mayflower Inn & Spa is surrounded by a community celebrated for its design sensibility and effortless sophistication. A destination for collectors and creatives alike, the region's charming towns, antique shops, and artful interiors reflect an elevated, yet distinctly New England spirit. Here, timeless beauty meets modern refinement—just a short journey from New York or Boston.

Under 2 hours from New York City.

## WELLBEING

**The Retreat** at Mayflower Inn brings an innovative approach to wellbeing at one of New England's most exquisite country escapes. Discover transformative bodywork, advanced skin therapies, expert-led health coaching, immersive programming, and seasonal retreats, designed to nurture the body and mind. Guided by the principles of Awe, Connect, Excel, and Nurture, The Joy of Wellbeing by Auberge is uniquely brought to life at Mayflower Inn & Spa. A fitness center and movement studio offers daily programming and classes while miles of on-site trails and local nature preserves invite guests to get moving outside.

## MEETINGS & EVENTS

### The Tea House

1,200 sq ft

50 - 75 occupancy

### The Chef's Garden

Up to 185 guests

### Garden Room

60 occupancy

### Tap Room

40 occupancy

### The Wicker Porch

30 occupancy

*\*Additional indoor & outdoor spaces available*

## AMENITIES

The Retreat at Mayflower Inn  
Outdoor and Indoor Sauna  
Outdoor and Indoor Pools  
One-of-a-Kind Group Experiences  
In-Room Dining  
House Bikes  
On-site Tennis Court  
House Transportation  
On-Site Hike  
Biophilic Whirlpool  
Dedicated concierge team to assist with planning, experiences & excursions.

## EXPERIENCES

Capturing the bounty of the summer, the vibrancy of the autumn, the quietude of the winter and the promise of the spring, experiences at Mayflower Inn & Spa are designed to enliven our senses and bring us closer to nature.

- Rolling hills bike rides
- Learn the art of pottery
- Tap into nature at local farms
- Cruise through the countryside
- Fresh aire picnics
- Archery
- Garden to Glass Cocktail Class
- Tennis with a pro
- Nature trails for hiking, biking, and naturalist walks
- Gather for campfire delights
- Tarot readings



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[www.auberge.com/mayflower/](http://www.auberge.com/mayflower/)

# The Simple Pleasures of Countryside Living

